

## Diabetic Medication Instructions

Diabetic Medication	Morning Day Before Procedure	Night Before Procedure	Morning Day of Procedure
<b>Oral (tablets by mouth)</b>	Take usual dose if undergoing UPPER ENDOSCOPY	Do not take	Do not take (resume after procedure)
	Do not take if undergoing COLONOSCOPY		
<b>Insulin- once daily (morning)</b> <i>Levemir, Lantus, Trujeo</i>	Take usual dose	N/A	Do not take (resume after procedure)
<b>Insulin- once daily (evening)</b> <i>Levemir, Lantus, Trujeo</i>	N/A	Take 1/2 dose	Do not take (resume after procedure)
<b>Insulin- twice daily</b> <i>Humulin-N, Novolin-N</i>	Take half of your usual dose	Do not take	Do not take (resume after procedure)
<b>Insulin Pump</b>	Confirm dosage adjustment with your diabetes clinic		

\*For patients using short-acting insulin (*Humalog, Novolog, Apidra*): take the usual amount of regular insulin for blood sugars >220mg/dL

### GLP-1 agonists (before upper endoscopy *and* colonoscopy):

(*Byetta, Saxenda, Victoza, Adylixin, Rybelsus, Trulicity, Wegovy, Ozempic, Bydureon, BCise, Mounjaro*)

1. If you're receiving a GLP-1 agonist **once daily** (*Byetta, Saxenda, Victoza, Adylixin, Rybelsus*), stop using it one day before the GI procedure(s).
2. If you're receiving a GLP-1 agonist **once weekly** (*Trulicity, Wegovy, Ozempic, Bydureon, BCise, Mounjaro*), stop using it for 7 days before the GI procedure(s).
3. Note: When the GLP-1 agonist is withheld, your blood sugar level may go up slightly. Monitor your blood sugar level closely and make adjustments of your other diabetic medications as needed.