

## **Agile Patency Capsule**

Your doctor has scheduled you for the Agile Patency Capsule on

**Location: Gastroenterology Office, 4225 Hoyt Ave, Ste A, Everett, WA 98203, 425-259-3122, option 3**

Your physician has determined that as part of your medical evaluation you should undergo a Patency Test with the Agile Patency Capsule prior to PillCam video capsule evaluation of the small bowel. This procedure involves ingesting a dissolvable capsule the size of a large vitamin pill. If the capsule leaves the body before it dissolves, this confirms that your GI tract is passable or “patent” for an object the size of the PillCam video capsule.

The Agile patency capsule consists of dissolvable components, surrounding a tiny Radio Frequency Identification tag that can be detected by X-ray. The capsule starts to dissolve about 30 hours after ingestion. You will be instructed to call the Gastroenterology office close to, but no later, than 30 hours after ingesting the capsule to determine whether the capsule is still present in the body. If the capsule was excreted whole, this means that your GI tract is patent. However, it is common that patients retain the capsule for more than 30 hours.

If the capsule is retained for more than 30 hours, it will then dissolve into small pieces that can pass naturally through your GI tract. However, in case you have a narrowing of the small bowel, the capsule can get stuck at that point and lead to bowel obstruction. If the capsule takes time to disintegrate, you may need to be admitted to the hospital for management of your symptoms and you may even require surgical procedures to resolve the issue.

**In order to get the most accurate information from your test, you will need to follow these instructions:**

### **The Day before Capsule Endoscopy:**

- **After lunch on the day before the test, consume only liquids such as soda, apple juice, broth, popsicles, and Jell-O.**
- **After midnight have nothing to eat or drink except for necessary medication with a sip of water.**

### **Day of Capsule Endoscopy:**

- Do not take any oral medications immediately before undergoing Capsule Endoscopy. If you take medications, take them before your arrival time, or postpone taking them until 2 hours after you swallow the capsule.
- Arrive at the Gastroenterology office, **4225 Hoyt Ave, Ste A, Everett, WA 98203** at the scheduled time for your Agile Patency Capsule test.
- You may drink clear liquids 2 hours after ingestion of the capsule.
- You may eat a light snack 4 hours after ingestion of the capsule. Eight hours after this you may resume your normal diet.
- During the test, record the frequency of your daily bowel movements.
- If you suffer any abdominal pain, nausea, or vomiting during the Patency Test, contact the Gastroenterology office immediately.
- After ingesting the Agile patency capsule and until it leaves your body, avoid being near any source of powerful electromagnetic fields such as MRI.

### **Day after Ingestion of Capsule:**

- **Call the Gastroenterology office between 11 am and 12 noon at (425) 259-3122, Option 3. The medical assistant/nurse will let you know if an X-ray is necessary.**